

→ WEDNESDAY 21 NOVEMBER 2018

TE ARA HURA

FIVE DAY 100KM ADVENTURE - STARTS TODAY



TIME 8:00am - 4:00pm

GRADE 9/10

Please check box above for more information.

MUMS & BUBS PARK POINT WALK

TIME 9:30am - 12:00pm

GRADE 7/10

START LOCATION Cable Bay Lane/Walter Frank Drive/Park Point Drive Junction

Join self-care life coach, passionate hiker & mum of 3, **Linda Anderson** from Linda on the Go, on this more challenging mums & bubs walk. This walk is designed specifically for mums who are confident on tracks but would like to share the experience with other mums. Finish the walk with a byo picnic at Te Wharau Bay. Please note: infants need to be carried at all times either in front carrier or backpack.

WHAKANEWHA YOGA WALK WITH PREMALOKA

TIME 9:30am - 11:30am

GRADE 5/10

START LOCATION Whakanewha Sculpture Carpark, Gordons Road

Join yoga teacher **Premaloka** on this meditative walk with a focus on strengthening and grounding through standing asanas along the picturesque pathways of Whakanewha. Connect to mother earth, explore your own resilience and stability whilst considering your breath and its connection to nature with deep, mindful practice. End your experience with a led meditation enabling you to deepen the calm and clarity already provided within the walk.

FULLERS OWHANAKE HEADLAND SCULPTURE WALK

TIME 10:00am - 1:00pm

GRADE 7/10

START LOCATION Matiatia Wharf, Oceanview Road

A gorgeous walk around the Owhanake Headland with a focus on a number of stunning privately owned sculpture viewable from the public walkway. Art enthusiast **Sue Biggs** will share stories of the artists, the works and how they came to be in their locations. This isn't the easiest of tracks but you will be well rewarded for your efforts with stunning coastal views at every turn.

RAY WHITE FOR WINE LOVERS WHO LOVE TO WALK

TIME 9:30am - 4:00pm

GRADE 8/10

START LOCATION Omiha Memorial Hall, O'Brien Road

Join Ray White Principal and Waiheke Walking Festival Presenting Partner **Matthew Smith** on this walk and enjoy the very best of what Waiheke has to offer. Starting with a beautiful walk through Whakanewha Regional Park before your first vineyard stop and views at **Batch Winery**. Continue along the track to your second stop for a degustation wine tasting at **Peacock Sky Vineyard**. A further decent hike will take you down to the gorgeous **Poderi Crisci Vineyard** where you will enjoy a divine lunch. This is a challenging walk but the culinary and wine delights make it well worth the effort!

ALL AGES TE TOKI UKELELE WALK

TIME 4:30pm - 6:00pm

GRADE 3/10

START LOCATION RSA, Cnr Belgium St and Ostend Rd, Ostend

Join musical maestro **Joe Harrop** as he leads a cheerful, fun singalong style walk that will take this all ages group of uke fans from the RSA, around Te Toki Reserve and back again. Join Joe and his band of merry friends inside the RSA for a Walking Festival meal deal and ukelele jam following the walk. So much family friendly fun!