

THE WORLD'S FRIENDLIEST WALKING FESTIVAL

10 - 20 NOVEMBER 2022

50 FABULOUS GUIDED WALKS OVER 11 DAYS
BOOKINGS ESSENTIAL

WWW.WAIHEKEWALKINGFESTIVAL.ORG

10 - 20 NOVEMBER 2022 PROGRAMME



WELCOME TO THE 2022 WAIHEKE WALKING FESTIVAL

SO HAPPY TO BE OUT WALKING!

We are excited to bring you this year's festival programme. Packed with new walks, and twists on old favourites, we think there is a walk for everyone, with nearly 50 guided walks spread over 11 days. We also have some wonderful self-guided walks available, to do anytime during the festival, with our new app you can download when you register.

This year, even more than last, we plan to provide a fun, enjoyable, and safe Festival for all. The Waiheke Walking Festival management team and Trustees are continuing to review and update protocols so we can operate within current Covid-19 guidelines.

We will continue to limit the number of walkers on walks, to give you the best possible experience. Some walks will book out quickly and we apologise if you miss out. We hope you'll love the programme and see you all out on the tracks soon.

ESSENTIAL INFORMATION

BOOKINGS: You MUST book for each walk, as all walks have limited numbers. To book, please visit **www.waihekewalkingfestival.org**

COSTS: Most of our walks are free but some have associated costs e.g. transport charters or wine tasting. This is clearly marked on each walk in the programme. This year we have created some premium walks. These walks most often include private land access, food and wine bookings, and charter buses, and are experiences only available through the Festival. We charge a Premium Walk fee per walker in addition to the third party costs for these walks. This fee goes directly towards the costs of running the Festival.

COVID-19 ALERT LEVELS: We will follow all public health guidance about allowed walking activities, wearing face masks, keeping records for contact tracing purposes, and numbers at gatherings. Please if you are unwell, stay away (in the kindest way).

KAURI DIEBACK DISEASE: Waiheke Island is free of this devastating disease, let's keep it that way and protect our beautiful native Kauri trees. Please ensure your footwear, poles and paws are thoroughly cleaned before arriving on Waiheke. There are cleaning stations at Pier 2 at the downtown wharf, and at Half Moon Bay and Wynyard Wharf. It is a requirement that every walker scrubs and disinfectant sprays their shoes at the start and finish of every walk during the Festival. Our volunteers will assist you in this.

SAFETY: While all care is taken by our volunteers to ensure your safety, walkers participate at their own risk and are responsible for their own belongings and vehicles. All participants must have water, a hat, sunscreen and carry any necessary medication with them on all Festival walks.

RUBBISH: We have a strong commitment to zero waste, please carry out what you carry in.

TIMING: Walk durations can vary depending on the group size, pace and capabilities of the group. We err on the cautious side regarding finish times.

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THURSDAY 10 NOVEMBER

FESTIVAL OPENING WELCOME/WHAKATAU

2210A

TIME 10:00am - 10:30am LOCATION Matiatia

The Waiheke Walking Trust invites our local community and visitors to join us and members of **Ngāti Pāoa**, **Local Board** and Festival representatives to celebrate the beginning of the Waiheke Walking Festival 2022......**FREE**

NGĀTI PĀOA HISTORY WALK

2210B

TIME 11:00am - 1:30pm Grade 6/10
START LOCATION Matiatia 6km

PROGRESSIVE FOODIE WALK

2210C

TIME10:30am - 4:30pmGrade 6/10START LOCATIONOneroa Beach, bottom of Puriri Rd6.5km

What's not to love about a Progressive Lunch at some of our best foodie locations in the west end! Join us as we saunter along Oneroa Beach, up the Valley of Tranquility to The Oyster Inn for an entrée, then up to the Piritaha trigg and drop in to Mudbrick for the main course. Finish with a downhill to Ahipao near the ferry for desert. Bon appetit! All meals include an alcoholic beverage or soft drink......\$

ECOPOD TE WHAU COASTAL LOOP 😿 🏑



2210D

2211A

TIME 2:00pm - 5:00pm Grade 7/10
START LOCATION Kuakarau Bay Reserve, Mary Wilson Reserve 7km

Join **Sam Dyson** and friends from **Ecopod** for this fabulous loop walk through the lesser-known tracks in this gorgeous part of the Island. We'll look out for native birds and sealife, and might also spot the Ecopods on Vintage Lane. (Architectural and eco-friendly transportable buildings)! **Dog friendly........FREE**

DISCOVER WAIRUA (PATRONS ONLY WALK) 2210E

TIME2:00pm - 5:00pm plus bbqGrade 7/10START LOCATIONRarowhara, 77 Waiheke Road8km

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FRIDAY 11 NOVEMBER

TE MATUKU WALK WITH NGĀTI PĀOA

MUMS AND BUBS WALK

TIME 10:00am - 12:00pm Grade 4/10 START LOCATION Whakanewha Sculpture Carpark

Join self-care life coach, passionate hiker and mum of 3, Linda Anderson from Linda on the Go, on this special mums and bubs walk. A perfect way to explore Waiheke in a gentle and supported environment. This is not limited to mums - all primary-care givers are welcome......FREE

ALL ABOUT CONSERVATION

2211C

TIME Grade 6/10 10:00am - 12:30pm START LOCATION O'Brien Rd Rangihoua gates, opposite the Woolshed 4km Have you ever wondered what eco-restoration work is all about? If your spirit of adventure flies high, come and join ex-military commander Richard Margesson and his team on Rangihoua. While we explore ungraded tracks and venture into the bush, you'll learn how we mount "search and rescue" missions to free native plants and wildlife. This fun and informative walk ends on the summit of Rangihoua where you'll take in sweeping vistas of Waiheke Island and the Inner Hauraki Gulf.FREE

CONNELLS BAY SCULPTURE PARK

2211D

AND THE GIN BAR EXPERIENCE

TIME 10:00am - 2:30pm, incl. Gin Bar Experience Grade 6/10 START LOCATION Connells Bay Sculpture Park top of driveway

A unique Festival experience, especially for those who don't live on Waiheke and can't access these special places at other times! Be guided around the fabulous Connells Bay Sculpture Park by curators John and Jo Gow, then wander just over 1km up the road to Waiheke's stunning new destination, the Waiheke Distilling Co, for a generous gin and tonic and shared platter while enjoying their stunning views and hospitality. Price includes the gin bar experience, return charter bus from Matiatia, and premium walk fee. John and Jo are kindly offering the sculpture park tour at no charge for visitors to our island.....\$

WAIHEKE WORKOUT COAST TO COAST WALK 2211E

TIME 2:00pm - 5:00pm Grade 6/10 START LOCATION Omiha Memorial Hall, O'Brien Rd, Rocky Bay 8.5km A fabulous walk from coast to coast, showcasing the beauty of Waiheke, led by our fabulous local gym instructors Denisa and Nydia. Beginning at the Omiha Memorial Hall in Rocky Bay, wander along the shores of Whakanewha and up and across through the Regional Park, the Cascades loop, up to Pukeatua

Reserve, and down Trig Hill Road with a ramble through Onetangi on the way down to the beach. FREE



SATURDAY 12 NOVEMBER

😇 5-DAY TE ARA HURA 100KM ADVENTURE

DAY 1 - FOR EARLY BIRDS

TIME Grade 9/10 START LOCATION Ray White Office, Oneroa Average 20km/day

This one is for the early birds - 7.30am starts! Join fun, fit local guides for this five day, 100km Te Ara Hura walking adventure. This is the 7th year of the Te Ara Hura, and this year you will circumnavigate Waiheke anti-clockwise. You will be walking 5-7 hours at a moderate pace to complete approximately 20km per day, so a good level of walking fitness is required.\$

🕏 5-DAY TE ARA HURA 100KM ADVENTURE

2212B

2212A

DAY 1

TIME 9am START LOCATION

Ray White Office, Oneroa

Grade 9/10 Average 20km/day Join fun, fit local guides for this five day, 100km Te Ara Hura walking adventure. This is the 7th year of the Te Ara Hura, and this year you will circumnavigate Waiheke anti-clockwise. Starting around 9am every morning, you will be walking 5-7 hours at a moderate pace to complete approximately 20km per day, so a good level of walking fitness is required.

RATBUSTER FAMILY WALK

Grade 5/10 TIME 9:00am-11:00am START LOCATION Musson's Track entrance, Carsons Rd

This walk is run by local Sally Horwood and her crew from Waiheke Ratbusters. There will be the opportunity to look at the many pest control devices along this the stunning and lesser-known Musson Track walkway, such as stoat traps, rat bait stations and monitor tunnels. You'll help collect the ink cards with critter footprints and ask all sorts of questions and lookout for wildlife along the way. What fun. Dog friendly.....FREE

WAIHEKE PILATES CENTRE WALK & PILATES FLOW

TIME Grade 4/10 9:30am - 12:00pm START LOCATION Palm Beach look out, Cory Rd, Palm Beach 4.5km

Join Kristin Tucker and her team at the Palm Beach lookout, and walk down to Waiheke's iconic Little Palm and Palm Beach for a 20 minute yogalates session on the grass, then wander through the unique and surprisingly beautiful Te Toki Reserve in the centre of the Island and finish at the studio for light snacks. This is a great opportunity to meet and chat with the instructors and receive a 10%

SARAH GLOYER'S DOUBLE HEADLAND DOOZEY 🤯 🎣 2212E

TIME 10:00am - 3:00pm Grade 8/10 START LOCATION Ahipao

Bring your fit self and your adventure pants for a fast paced hike up and around the dazzling headlands of Matiatia, Owhanake and Park Point. Island fitness pro Sarah Glover will start and finish with a pilates sequence, but expect some unexpected

GO MEDIA HOOKS BAY MAGIC

TIME 10:00am - 3:00pm Grade 8/10 START LOCATION Stony Batter 8km

Hike across stunning farm lands with the kind permission of Man O' War farm, viewing land and sea from spots very few have been. Bring your togs and an easy picnic for some mid-walk play time at Hooks Bay Beach. This walk starts and ends at Stony Batter, with optional charter bus.\$

ASTRONZ NIGHT SKY WALK

2212**G**

2212F

TIME Grade 3/10 8:00pm - 9:30pm START LOCATION Cnr Esplanade and Tahatai Rd, Blackpool

Join Astronz and Dark Sky Waiheke Island for an astronomical night time adventure along the Blackpool Esplanade to Surfdale and back where you will take a journey through time and space looking at your local night sky. Finish the walk with our wonderful experts and their fabulous telescopic equipment. Be sure to prepare for your adventure - red light headlamps, sturdy shoes, warm clothing, confidence and a sense of wonder and imagination......FREE

ASTRONZ NIGHT SKY VIEWING

8:00pm - 10:00pm Grade n/a LOCATION Cnr Esplanade and Tahatai Rd, Blackpool

Night sky viewing is a peep into history because it is the same night sky that our ancestors saw and light takes time to travel to us so we are always looking back in time. This is a fantastic non-walking opportunity for an evening of astronomical adventure for all ages. View the night sky through telescopic equipment and hear fascinating information about what twinkles above from the experts at Astronz and Dark Sky Waiheke Island. Dress warmly and bring

SUNDAY 13 NOVEMBER

🕏 5-DAY TE ARA HURA 100KM ADVENTURE 2213A & 2213B |

MAKE TRACKS EASTERN END MYSTERY WALK 2213C

Grade 7/10 TIME 10:00am - 2:00pm START LOCATION 10km Mystery

Not for the faint-hearted, Gary Wilton from Make Tracks has a way of getting you lost and found again, this time on stunning private land somewhere near Orapui. BYO picnic and wine. Experience hand-cut bush tracks built by Gary and the team, and listen to confessions of this ex-parks and recreation guru from his upcoming book 'A slip in Barebottom land'. Join Gary in his happy place! A compulsory bus is included as the start point is a mystery! Track map is only a rough guide to the area covered in this walk.....\$

DISCOVER WAIRUA

2213D

TIME 11:00am - 4:00pm Grade 7/10 START LOCATION Rarowhara, 77 Waiheke Rd 8km

This year for the first time, Wairua (formerly known as Carey Bay) will be opened to the Walking Festival by new owner Bruce Plested, long time supporter, friend and Patron of the Festival. Bruce will guide you as you get the first glimpse of this stunning coastal land. BYO picnic and snacks, as there will be time in a few very special spots to take in where you are, and appreciate all around you......\$

THE ART WALK 2213E

TIME 10:00am - 1:00pm Grade 6/10 START LOCATION Mătiatia foreshore

Begin this wonderful walk with stunning Church Bay coastal vistas as we cross through Atawhai Whenua (a Forest and Bird Reserve) and arrive at the Shepperson Conference Centre for a contemporary exhibition by emerging artists. Enjoy art, stunning views, and refill water bottles. We then follow Motukaha Rd to the Lewenz gallery. Meet international abstract painter Gabriella Lewenz and experience her beautiful handbuilt earthbrick studio gallery. End the walk back in Oneroa Village with free time to explore s p a c e Gallery, Toi Gallery, and the Waiheke Community Art Gallery. A wonderfully artful Sunday morning......FREE

TUNA TALES - EEL EXPLORING

2213F

AT THE AWAAWAROA BAY ECO VILLAGE

Grade 2/10 TIME 10:00am - 12:00pm START LOCATION Eel Sanctuary sign, Eco Village driveway, Awaawaroa 3km

Join storyteller Tanya Batt for a hikoi to visit the resident tuna of the awa. The Awaawaroa Bay Eco Village is home to an eel sanctuary which is part of a twenty five year wider wetlands restoration project. Hear about the fascinating life cycle and stories of our endemic long finned eel, a taonga, and largest of its kind in the world. Meet at the lay down by the tuna sanctuary carving and signage. Please car pool. Dogs are not permitted within the eco village. 2-3km flat easy walk. Wear gum boots.FREE

MONDAY 14 NOVEMBER

😇 5-DAY TE ARA HURA 100KM ADVENTURE 2214A&2214B

DAY 3

3 DAY WALKING HOLIDAY - DAY 1

2214D

TIME 9:40am - 5:00pm Grade 9/10

START LOCATION Mātiatia

Join a group of 12 fellow walkers, staying at the lovely and relaxed Kiwi House in Oneroa, and enjoy daily walks with your group, plus join Festival walks each day that are specially selected for you, for three fun-filled, active days on gorgeous Waiheke Island. The package includes 2 nights accommodation with breakfast, picnic-style lunches for 2 days, 1 winery lunch, all transport to and from walk starts/ finishes, ferry pick up and drop off, and a host each day to help get you sorted for the 3 days of walking adventure.....\$

GLOWING SKY ONEROA TO PALM BEACH 😿 🎣

TIME 2:30am - 5:30pm Grade 6/10 START LOCATION Glowing Sky Store, 122 Ocean View Road 6.5km

This inspiring walk from Oneroa explores and celebrates all of the amazing coastal tracks along this beautiful part of the island. Enjoy this journey through the diverse environments of Waiheke's northern beaches and coastal cliffs. This walk starts at Glowing Sky, why not get there early to browse their wonderful merino garments. Dog friendly.....FREE

TUESDAY 15 NOVEMBER

😿 TE ARA HURA 5-DAY 100KM ADVENTURE 🛮 2115A & 2115B

DAY 4

3 DAY WALKING HOLIDAY - DAY 2

2215C

2215D

SCARECROW PALM BEACH TO ONEROA 😈 🕡

Grade 6/10 TIME 9:00am - 12:00pm START LOCATION Palm Beach car park by the BBQs, east end. 6.5km

An absolute favourite section of the 100km Te Ara Hura - a stunning coastal trail, with views forever, as the track climbs the rocky headlands and descends to sandy beaches, a mix of fabulous tracks and quiet roads. As a special festival treat, Paul and Alison Dyson from the fabulous Scarecrow (urban farmers market/kitchen/florist/grocer), will guide us through their slice of paradise, a private land experience from Little Palm Beach up through Mawhitipana valley. Dogs on leads welcome. Dog friendly.....FREE

AWAAWAROA COASTAL MAGIC

Grade 7/10 10km

2215E

TIME 1:30pm - 5:30pm START LOCATION Omiha Memorial Hall, O'Brien Rd, Rocky Bay

This walk is a Festival Favourite, so get in quick! Starting at Rocky Bay you will walk the southern coast and through rural Woodside Bay, before making your way along the Awaawaroa Estuary guided by knowledgeable local Rob Moreton. Walk up through private land being nurtured by Awaawaroa eco-village residents, and finish at award-winning Poderi Crisci Vineyard for a fabulous shared dinner. Price includes a glass of Poderi Crisci bubbles on arrival, dinner, one-way bus and premium walk fee. Please note the one-way charter bus will return you to Rocky Bay, with stops at Ostend, Surfdale, Oneroa and connect to the 9.30pm ferry.\$

FROM THE BUSH TO THE COAST:

2215F

TREASURES OF WHAKANEWHA

TIME 3:00pm-5:00pm Grade 4/10 START LOCATION Sculpture car park, Whakanewha <3km

Discover Whakanewha Regional Park's treasures from the bush to the coast and learn how to protect our Taonga species. Join wonderful Park Rangers Ashleigh and Natasha on this stunning, informative walk. See the birds, explore the coast, and spot our large trees. Bring binoculars.FREE

SILENT DISCO FAMILY BOOGIE ON THE BEACH 2215G

TIME 7:30pm - 8:30pm Grade 7/10 START LOCATION Palm Beach carpark (Arcadia end - meet near BBQs) 1km Join our local music & dance lover, Christa Loisel, for a boogie on Palm beach at Sunset. Don a headset, dance like nobody is watching and boogie your way down the beach listening to some fabulous beats. Afterwards, join us for a special Waiheke Walking Festival happy hour at Arcadia. Feel free to dress up in something sparkly and wear ya lights!\$



WEDNESDAY 16 NOVEMBER

🖥 TE ARA HURA 5-DAY 100KM ADVENTURE 🛮 2216A & 2216B

3 DAY WALKING HOLIDAY - DAY 3

2216C

ONETANGI TO PASSAGE ROCK WALK CHALLENGE 2216D

Grade 9/10 TIME 9:00am - 2:00pm START LOCATION On Onetangi Beach opposite Third Avenue

Venture from Onetangi up to Trig Hill to meet the Te Ara Hura 100km trail, and complete this 10km section - a stunning, challenging day, that includes some good hills and the infamous 'rope-assisted climb'. Finish with delicious rewards (a lunch platter and wine) at Passage Rock Winery.\$

THE OYSTER INN WITH JOSH EMMETT

2216E

COASTAL WALK

TIME Grade 6/10 1:00pm - 4:30pm START LOCATION Mātiatia

Join us on this stunning guided walk from Matiatia around the headlands to the north, taking in the breathtaking views of the Hauraki Gulf and neighbouring islands. Drop down into secluded bays, and climb to enjoy the gorgeous views and award-winning architecture along this coastal track. And what better way to finish this walk than a spectacular lunch at The Oyster Inn, and meet and greet with Josh Emmett. Includes a glass of bubbles, oysters and a 2 course lunch, plus our premium walk fee. Cheers!.....\$

THURSDAY 17 NOVEMBER

RAY WHITE ONETANGI PROGRESSIVE 2217A

LUNCH WALK

TIME 10:00am - 4:00pm Grade 7/10 START LOCATION On Onetangi Beach opposite Third Avenue 6.5km

The Progressive Lunch is back! Join this fun day eating, and hiking through stunning private land in the valley of vineyards. Entrée at Casita Miro, main course at Tantalus Estate and dessert at Three Seven Two. Bon appetit! All meals include an alcoholic beverage or soft drink.\$

THE MINDFUL LAUGHTER WALK

2217B

TIME 11:00am - 1:30pm Grade 5/10 START LOCATION Omiha Memorial Hall, O'Brien Rd, Rocky Bay 5km

This is a beautiful walk with Mel and Del, along some lesser-traveled tracks through Whakanewha Regional Park. This whole-hearted walk is not about telling jokes or being laughed at, but how experiencing laughter influences mood, confidence, creativity and a sense of connection while being surrounded by nature. You will be guided by professional coaches and great mates Mel from SimplyB, and Del from Let Me Out.FREE

ALLPRESS OLIVE GROVES WALK

2217C

TIME 9:00am - 12:00pm Grade 6/10 START LOCATION Reserve, Cnr Seventh Ave and Seaview Rd

Join one of the most popular walks from 2020! This year one of our newest sponsors, Allpress, will host you at Rangihoua Estate Mill at the end of the walk. Join passionate Olive Grower Anne Stanimiroff of on a walk through the private olive groves of the Onetangi Valley. The walk will include a pruning demonstration, planting advice and finish with a tour and tasting at Rangihoua Estate Mill.....\$

SILENT DISCO FAMILY BOOGIE ON THE BEACH

TIME 7:30pm - 8:30pm Grade 2/10 START LOCATIONPalm Beach carpark (Arcadia end - meet near BBQs) Join our local music & dance lover, Christa Loisel, for a boogie on Palm beach at Sunset. Don a headset, dance like nobody is watching and boogie your way down the beach listening to some fabulous beats. Afterwards, join us for a special Waiheke Walking Festival happy hour at Arcadia. Feel free to dress up in something sparkly and wear ya lights!\$

→ FRIDAY 18 NOVEMBER

THE CAMINO WALK

2218*A*

TIME 10:00am - 1:00pm Grade 5/10

START LOCATION

Mātiatia

The camino can be closer than you think. It's not Spain, but you don't have to go that far to discover the peace and mindfulness walking in nature can bring to you. Guides Robin Kearns (geography professor) and Katharina van Bohemen (author of Towards Compostela, about her journey on the Camino) are both writers who integrate walking into their contemplative practice. Join them for a gentle and silent hike through Te Atawhai Whenua (a Forest and Bird Reserve) with readings from her book along the way. Afterwards, enjoy each other's company, chat, paella and a drink at Sol Bar in Oneroa.\$

STONY BATTER TUNNELS AND HERITAGE WALK

Grade 8/10 TIME 11:00am - 2:00pm START LOCATION Stony Batter

Let local guides show you through the complex including areas normally closed to the general public - including the Concert Chamber and Gallery Spaces before heading into the UnderWorld! Upon exiting into a remnant forest, guides will escort you to the Boulder Fields, and tell you about the 8 millionyear-old boulders' origin and Heritage Protection. Bring your own picnic to

THE RED WINE RAMBLE

2218C

2218B

Grade 6/10 1:00pm - 6:00pm START LOCATION Onetangi Beach, opposite Third Avenue 4km

Ramble with us along Onetangi beach and up to the famous Waiheke valley of vineyards. First stop award-winning Obsidian, then amble across private land to iconic Stonyridge, and then renowned Te Motu. Each winery will tempt you with their own flight of Waiheke reds, with some shared platters and cheese at Stonyridge. Why not book yourself a table for dinner at Te Motu for after the walk?.....\$

RUSTIC AND RURAL ORGANIC VINEYARD WALK

2218D

2219A

TIME Grade 7/10 2:00pm - 4:00pm plus 4 - 5pm tasting START LOCATION Onetangi Beach, opposite Third Avenue 3.5km

Come with us to explore Awaroa Organic Winery, a walking festival first. Walk along gravel vineyard roads and a short track through an old olive grove, see the organic vineyards dotted across the property, taste this year's vintage straight from the barrel with winemaker Steve Poletti, and stroll the tended biodynamic gardens. End with an organic flight of award-winning Awaroa wines and shared anti-pasto platters, while listening to the smooth vocals of local Jazz singer Briar Ross. Festival discounts will be available on wine to purchase, with free delivery! \$

SATURDAY 19 NOVEMBER

PREDATOR FREE WAIHEKE WALK

Grade 7/10 TIME 10:00am - 12:00nm START LOCATION Esslin Reserve, Kennedy Point 5km

Description: Let's get Waiheke predator free. Imagine how truly amazing our birdlife would be without rats and stoats. Walk with the friendly Te Korowai o Waiheke team and learn about eradication programs through the stunning coastal area around Kennedy Point. Explore the rocky shoreline (sturdy shoes needed for rock hopping and oyster shells) and then follow trap lines through beautiful bits of bush even the locals have never seen.....FREE

FULLERS360 DOG FRIENDLY WALK 2219B

Grade 7/10 TIME 2:00pm - 4:30pm START LOCATION Mātiatia foreshore

Did you know dogs ride for free on Fullers360 ferries? Grab your friends and/or your canine bestie and wear them out on this spectacular coastal fun, friendly, jolly good walk from Mātiaitia through the dog-friendly tracks and around the coastal headland to Owhanake off-lead dog reserve. Finish in Oneroa Beach. Dogs are allowed off lead here anytime until Dec 1st. (Note: parts of this walk are dogs on-lead). Dog friendly.....FREE

POSTAGE STAMP WINES COAST TO VINES WALK 2219C

Grade 6/10 TIME 1:00pm - 5:00pm START LOCATION Omiha Memorial Hall, O'Brien Rd, Rocky Bay 8km

Join us on this stunning walk up through Whakanewha Regional Park, and down past vineyards and views, to cross the wetlands and arrive in the vines at Waiheke's newest wine tasting experience. Enjoy a relaxed vineyard tour and delicious wine tasting with the team at Postage Stamp Wines. Shuttle bus back to the start point included.....

DISCOVER WAIRUA

TIME 11:00am - 4:00pm Grade 7/10 START LOCATION Rarowhara, 77 Waiheke Rd

This year for the first time, Wairua (formerly known as Carey Bay) will be opened to the Walking Festival by new owner Bruce Plested, long time supporter, friend and Patron of the Festival. Bruce will guide you as you get the first glimpse of this stunning coastal land.....\$

PETER REES SEASCAPES PHOTOGRAPHY WALK

TIME 5:00pm Grade 2/10 START LOCATION Surfdale Hall 2km

Let our world-famous landscape photographer Peter Rees guide you around the coastal esplanade on this learning-intensive experience, focussing on seascapes and composition......FREE



→ SUNDAY 20 NOVEMBER

WINDSOR DOORS BEACH, BUSH AND BBQ WALK 😇 2220A

TIME 9:00am - 3:30pm Grade 8/10 START LOCATION Mātiatia Foreshore

Mātiatia to Blackpool - a stunning hike that heads south from the ferry and follows the coastal track around the south west peninsula known as Te Roreomaiaea (Park Point). This is a challenging walk, lots of steps and a bit of rock scrambling, but worth every climb. Bring some substantial snacks and a light picnic, and finish with a huge treat at the end - a sausage sizzle on the lawn of our very own Sir Graham and Lady Raewyn Henry's, to go with your BYO picnic! A bus back to the ferry is included.\$

FOREST THERAPY WALK

TIME 09:30am - 12:30am Grade 3/10 START LOCATION Little O carpark

Join accredited nature and forest therapy guide, Gabrielle Young on a forest bathing (shinrin-yoku) experience in Goodwin Reserve. You will slow down, connect with nature, become mindful and open your senses during this special experience, which ends with a Japanese tea ceremony in the bush.FREE

THE HEKE ADVENTURE WALK

2220C

TIME 10:00am - 1:00pm Grade 7/10 START LOCATION The Heke, 64 Onetangi Road

A chance to explore some private land with stunning native remnant forest. This walk starts at wonderful new The HEKE, and walks through the stunning wetlands, across the lesser-known tracks of the Onetangi Sports Park and with the generous permission of landowners Mark and Roanne Izzard, we traverse their beautiful native bush, and then join Musson Track, and loop back to The Heke Kitchen and Garden Bar for beer and whiskey tastings and shared grazing platters. Price includes tastings and food and our premium walk fee......\$

RAY WHITE A WALK ON THE WOODSIDE 2220D

TIME 10:30am - 2:30pm Grade 6/10 START LOCATION Start Omiha Memorial Hall, Rocky Bay

A private land stunner... Begin at Rocky Bay and follow the gorgeous Whakanewha tracks, followed by the opportunity to traverse some private tracks thanks to the kindness of 3 properties owners at Woodside Bay. Bring your own picnic and finish with a rest and lunch at Heriot Grove. (No, we had never heard of it either)! Price includes bus back to Rocky Bay and Matiatia.....\$



EVERY DAY SELF-GUIDED WALKS

Brand new for 2022 with funding from the Waiheke Walking Trust Patrons, you can walk these walks unguided, any day and any time during the Festival, using our new app!

The app includes a trail map, directions, photos and information. The Storytelling Walk around Rangihoua also includes 9 audio tracks with amazing stories about the area told by locals. In our post-covid world, we want to offer this option, so register for the Storytelling Walk, and you will be sent the link to download the app. Bring your own device, with earbuds or headset, or just listen through your phone. You will also have access to 4 other walks in the app.

WWT PATRONS STORYTELLING WALK AROUND RANGIHOUA

TIME Grade 6/10 **Anytime** START LOCATION Museum carpark 5km

This walk started in 2020 and now includes stories from 9 amazing locals. And now it's on the app. Register for this walk and download the app, and walk the walk any day and any time during the Festival. Bring your own device, and earbuds or headset, or listen from your phone. Be swept away by their stories as you walk around the historic Rangihoua area. From early Māori settlement told by Paul Monin, to modern history and the stars. Stories told and read by locals including Paul Monin, Colin Gordon, Malcolm Philcox, Nalayino Brito, Sue Fitchett, Ivan Kitson, Flynn Washington, Gary Wilton and Jill Mulvaney......FREE

OTHER SELF GUIDED WALKS ON THE APP:

ONEROA TO PALM BEACH

PALM BEACH TO ONETANGI

WHAKANEWHA LOOP WALK

THE COAST TO COAST - FROM ROCKY BAY TO ONETANGI

TE ARA HURA



FIVE DAY 100KM ADVENTURE SAT 12 - WED 16 NOV

This year we are offering the 5-day Te Ara Hura 100km walk adventure twice, and for the first time, you will walk anticlockwise. You will be walking 5-7 hours at a moderate pace to complete approximately 20km per day, so a good level of walking fitness is required.

Please note: Unfortunately this walk is already fully booked. (Rebooked by the keen walkers who couldn't do it last year due to lockdown and the cancellation of the Festival). You may join the waitlist, or look for the walks with the red Te Ara Hura icon.

DAY 1 - SATURDAY 12 NOVEMBER

This year we begin at the Ray White Waiheke office in Oneroa village. Today is all about the coast. Walk the headlands around to Matiatia Bay and on around Park Point, experience breathtakingly beautiful views in all directions before finishing your day at Blackpool Beach.

DAY 2 - SUNDAY 13 NOVEMBER

Start along the southern shores, winding your way through the residential centre of the island and finishing with the beautiful Te Whau Peninsula coastal sections and ending in eclectic Rocky Bay.

DAY 3 - MONDAY 14 NOVEMBER

This is the tougher bush section of Te Ara Hura, starting with a beautiful ascent through Whakanewha Regional Park. Absolutely spectacular views with lots of ups and downs from here, including the notorious "rope-assisted climb", and finishing in Orapui.

DAY 4 - TUESDAY 15 NOVEMBER

This is the wonderful big blue seas and skies day, as you make your way around the eastern section of quiet gravel roads, with a private land treat through the beauty that is Rarowhara, and finishing in Onetangi for well-deserved refreshments.

DAY 5 - WEDNESDAY 16 NOVEMBER

A day of gorgeous beaches, coastal vistas and several regenerating reserves, ending back where you started 5 days ago, in Oneroa. It's now time to celebrate the completion of 100kms!



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